

WEEK 1 MENU

17-Apr 08-May 29-May 19-Jun 10-Jul 31-Jul
 21-Aug 11-Sep 02-Oct 23-Oct 13-Nov 04-Dec
 25-Dec 15-Jan 05-Feb 26-Feb 18-Mar
 08-Apr





























MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dish 1	Cheese & Tomato Pizza  Deep base pizza with a cheese and tomato topping	Sausages & Mash Pork & beef cocktail sausages in gravy served with mashed potato	Roast Chicken with Roast Potatoes and Gravy  Roast chicken with roast potatoes and gravy	Beef Pasta Bolognese Traditional beef bolognese with fusilli pasta	Fish Fingers & Chips Breaded cod fish fingers with optional tomato ketchup
Dish 2	Chickpea and Vegetable Tikka Masala and Rice    Mild tikka masala sauce with chunky vegetables and brown rice	Macaroni Cheese  Traditional macaroni in a cheesy sauce	Cheese & Vegetable Bake   Creamy vegetable bake with roast potatoes	Plant-Based Balls in Tomato Sauce with Rice   vegan balls in rich tomato sauce with rice	Vegetarian Burger & Chips  Quorn patty in a bun with the optional tomato ketchup
Jacket Potato	Jacket Potato  with Cheese	Jacket Potato   With vegetarian Bolognese	Jacket Potato with Salmon Mayo & Salad  	Jacket Potato   with Baked Beans	Jacket Potato with Cheese 
Allergy Meal	SD VEGETABLE PAELLA 	SD TOMATO & LENTIL PASTA 	SD VEGETABLE PIE WITH POTATO TOP 	SD CHEESE AND TOMATO PASTA 	SD GF FISH AND CHIPS SD BEANY PASTA 
Vegetables	Golden Sweetcorn or Salad	Rainbow Vegetables or Salad	Carrots and Cabbage	Garden Peas or Salad	Baked Beans or Salad
Desserts	Smooth Fruit Yoghurt	Cranberry & Orange Shortbread	Jammy Jack	Pineapple Upside Down Cake 	Fruity Friday 

Bread, Milk, Salad, Water & Fruit available every day.
 Ketchup served on Friday

 **Vegetarian**  **Oily fish**  **Wholegrain**  **Fruity!**  **Nutritionist's Choice**
























2023/2024

WEEK 2 MENU

24-Apr 15-May 05-Jun 26-Jun 17-Jul 07-Aug
28-Aug 18-Sep 09-Oct 30-Oct 20-Nov 11-Dec
01-Jan 22-Jan 12-Feb 04-Mar 25-Mar



2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish 1	Cheese & Tomato Pizza Deep base pizza with a cheese and tomato topping 	Chinese Chicken & Egg Rice   Mild spicy egg rice and chicken	Roast Ham with Roast Potatoes and Gravy Roast Ham with roast potatoes and gravy	Beef Burger in a Bun Traditional beef burger with ketchup and diced potatoes	Fish Fingers & Chips Breaded cod fish fingers with optional tomato ketchup
Dish 2	Cauliflower Macaroni Cheese   Cauliflower and macaroni in a cheesy sauce	Cheese & Tomato Pasta  Creamy cheese and tomato sauce with pasta	Vegetarian Sausage, Roast Potatoes & Gravy   Quorn sausage in gravy with roast potatoes	Vegetarian Pasta Bolognese   soya mince with traditional bolognese sauce and pasta	Vegetarian Dippers and Chips  Crispy Dippers with optional tomato ketchup
Jacket Potato	Jacket Potato With Baked Beans 	Jacket Potato With Cheese 	Jacket Potato With Tuna Mayo & Salad	Jacket Potato With Baked Beans 	Jacket Potato   With vegetarian bolognese
Allergy Meal	SD TOMATO AND LENTIL PASTA 	SD VEGETABLE PAELLA 	SD VEGETABLE PIE WITH POTATO TOP 	SD GF MACARONI CHEESE 	SD GF FISH AND CHIPS & SD BEANY PASTA 
Vegetables	Garden Peas or Salad	Green Beans or Salad	Carrots and Cabbage	Rainbow Vegetables or Salad	Baked Beans or Salad
	Banana Marble Sponge 	Smooth Fruit Yoghurt	Apricot Shortbread	Jammy Jack	Fruity Friday 

Bread, Milk, Salad, Water & Fruit available every day.
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

WEEK 3 MENU

01-May

04-Sep

08-Jan

22-May

25-Sep

29-Jan

12-Jun

16-Oct

19-Feb

03-Jul

06-Nov

11-Mar

24-Jul

27-Nov

01-Apr

14-Aug

18-Dec



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Dish 1

Cheese & Tomato Pizza

Deep base pizza with a cheese and tomato topping

Sausages & Mash

Pork & beef cocktail sausages in gravy served with mashed potato

Roast Chicken with Roast Potatoes and Gravy

Roast chicken with roast potatoes and gravy

Chicken Tikka Masala and Rice

Mild tikka masala sauce with chicken and rice

Fish Fingers & Chips

Breaded cod fish fingers with optional tomato ketchup

Dish 2

Beany Chilli & Rice

Baked bean mild chilli with white rice

Chinese Vegetable & Egg Rice

Mild spicy egg rice and vegetables

Vegetarian Sausage, Roast Potatoes & Gravy

Quorn sausage in gravy with roast potatoes

Macaroni Cheese

Traditional macaroni in a cheesy sauce

Plant-Based Balls in Tomato Sauce & Chips

Vegan balls in a rich tomato sauce

Jacket Potato

Jacket Potato

With Baked Beans

Jacket Potato

With Tuna Mayo

Jacket Potato

With Cheese & Salad

Jacket Potato

With vegetarian bolognese

Jacket Potato

With Cheese

Allergy Meal

SD CHEESE AND TOMATO PASTA

SD VEGETABLE PAELLA

SD VEGETABLE PIE WITH POTATO TOP

SD GF MACARONI CHEESE

SD GF FISH AND CHIPS & SD BEANY PASTA

Vegetables

Rainbow Vegetables or Salad

Garden Peas or Salad

Carrots and Cabbage

Green Beans or Salad

Baked Beans or Salad

Desserts

Pineapple Upside down cake

Smooth Fruit Yoghurt

Cranberry & Orange Shortbread

Mandarin & Lemon Drizzle Slice

Fruity Friday

Bread, Milk, Salad, Water & Fruit available every day.

Ketchup served on Friday

Vegetarian
 Oily fish
 Wholegrain
 Fruity!
 Nutritionist's Choice